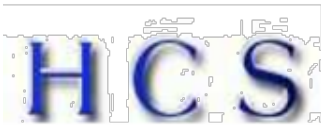


Volunteer Counsellor

Placement Description

- To provide a high professional standard of counselling to Hitchin Counselling Service clients.
- To abide by Hitchin Counselling Service's guidelines, policies and procedures.
- To be able to commit to the placement for a minimum of 2 years.
- To provide a minimum of two hours counselling a week.
- To provide open-ended counselling.
- To see clients with a range of issues.
- To assess client suitability for counselling at Hitchin Counselling Service in conjunction with your supervisor.
- To attend regular individual fortnightly supervision provided by Hitchin Counselling Service.
- To attend training days, organisational meetings, AGM and counsellor group meetings.
- To keep Hitchin Counselling Service and your clients informed in advance as much as possible of any absence due to ill health, holidays and / or any other circumstances.
- To be responsible for the basic administrative tasks allied to counselling Hitchin Counselling Service's clients – e.g. client attendance sheet, evaluation forms etc.



Volunteer Counsellor

Person Specification

- To have qualified on a BACP/UKCP recognised/accredited counselling/psychotherapy course and be working towards BACP/UKCP accreditation **or** to be studying on a course the curriculum of which will meet BACP/UKCP criteria – **minimum requirement**.
- Experience of working in a 1:1 counselling relationship with people in distress.
- **For qualified counsellors:** a minimum of one year personal counselling

For counsellors in training: a minimum of 6 months personal therapy with an accredited counsellor immediately prior to commencing placement and a commitment to continue with personal therapy whilst a student in the placement.

- To have an understanding of and commitment to ethical practice as outlined by BACP/UKCP guidelines.
- To have good interpersonal skills.
- To demonstrate the ability for self-reflective practice.
- To have a high standard of written and organisational skills.
- To demonstrate an understanding of equal opportunities.